



*A Weekly Update
For The Employees of
North Central Health Care*



"Healing A Community Through Art" – Submitted by Jessica Meadows

NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

Excavators, Backhoes and Cement Trucks

We are about a month into our Campus Renovations. This week Laura Scudiere and I walked the site for the first time with Troy Torgerson, our Project Manager from Marathon County Facilities and Capital Management. It's amazing to see all the work that goes into prepping the site and preparing for structures to rise from it. After our safety orientation, we were able to see the base for the new pool (shown in the pictures here) and the footings for the new Central Utility Plant. I also had a chance to see the stakes outlining the new Youth Hospital and Crisis CBRF that are under-way. The third project, the remodeling of the southern part of Gardenside Crossing for our temporary Lakeside Recovery MMT move is set to be completed on October 7th. There has been so much activity, it is surreal to see vision come to life. In mid-October the bid for the new skilled nursing tower goes out and the demolition of the "E" Wing is shortly to follow. More pictures, progress and info to come. Keep your hard hats and vests on!



Make it a great day,
Michael Loy

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

Monday, Sept 30
Brenda Glodowski

Tuesday, Oct. 1 – Sunday, Oct. 6
Laura Scudiere

Person-Centered
Shout out

Stephanie Jewell, Community Treatment

Why: For her outstanding efforts to make the Realistic Job Preview video a success! Such a great community partner also! Incredible!

Submitted by: Jessica Meadows

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PHOTO OF THE WEEK



Submit A Great Photo From Your Week!

Submit your photo and description to: Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.



HEAL, STRENGTHEN, UNIFY
RISE UP!

Earlier this week, RISE UP held a community paint day at the Wausau Campus Cafeteria. All attendees were able to paint a part of the mural that will be hung in the downtown 400 Block in Wausau. Panels were brought in and placed on tables and participants could grab the color of their choice and paint the corresponding number on the oversize paint by number squares. RISE UP has visited the Wausau Campus several times as a regular visitor to Lakeside Recovery. The process of creating community art and murals strengthens an individual's connection with their community and allows them to take part in a team process. NCHC is a proud supporter of RISE UP. We can't wait to see the finished mural! For more information, visit

www.riseupart.org





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September 2019

Employee of the Month



ZE LOR
Housekeeping



"She is always friendly and helpful. She is quick to come to anyone's aid."

"Before Ze leaves for the day she always asks us if there is anything else we need or anything else she can do. She is excellent at communicating."

"Every single day since she has made my day better with her cheerfulness, outgoing nature and all around helpfulness."

The NCHC Employee of the Month for September has been awarded to Ze Lor, Housekeeping. Ze has a great compassion for all those we serve and staff at NCHC. In addition to her housekeeping duties, she is always willing to help in any way she can. Ze has also helped staff become more culturally aware as she shares elements of her Hmong culture with others.

We must also mention Ze's friendly smile. Many times she has helped people with questions or directions, going above and beyond to make sure their needs have been met. Ze is a problem solver and a source of compassionate knowledge; someone you can always depend on. You are amazing, Ze!

Congratulations Ze!

The Employee of the Month Celebration will be held on Wednesday, September 25 at 10:30 am in Wausau Campus Cafeteria.



WERE YOU UNABLE TO ATTEND 3RD QUARTER EMPLOYEE UPDATES?

Want to See the Presentation Again?

We want all employees to be able to attend the Employee Updates Sessions to connect with leaders, ask questions, and meet with team members you may not regularly have the opportunity to. However, we do know that serving in health care, there are instances in which you are just not able to make it or wish to view the presentation over again.



<https://youtu.be/o7TsP2VMXu8>

The video is also available here: O'drive: Employee Updates folder contains the complete slide shows and videos for all Employee Update sessions.

KEEP CONFERENCE ROOMS CLEAN

Clean Up After Yourself!

Just a friendly reminder to tidy up after using a meeting or conference room. Place technology equipment back in its assigned place, wipe tables off if they are wet or dirty and be sure to place your garbage in the appropriate containers. This just gives the next group using the room a good start so they are not cleaning up after you.

SAFETY SNIP-ITS

Security Officer Wausau Campus

The Wausau Campus has Per Mar Security available on Campus. They operate from 3:00 pm to 7:00 am daily – 7 days a week.

How to Reach Wausau Campus Security

Call Crisis: Non-Emergency: (715) 848-4366; x4366,

In an Emergency: (715) 848-4599; x4599

Crisis staff will be in contact with Per Mar by the use of the cell phone when they are away from the Crisis Services area.

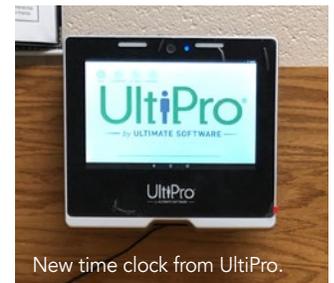
Per Mar Shift Cell: (715) 581-8887



TIMECLOCK CHANGES

News from Human Resources

UltiPro integrates with the new Human Resources, payroll and accounting system being implemented at the same time. You will physically see some changes around our various locations as new timeclocks were installed earlier in September. Staff will receive notification via email, communication boards and from your managers as to how to use the new time clocks for punching in and out. Stay tuned for more details as we bring the full use of UltiPro on board over the next few weeks.



New time clock from UltiPro.



CELEBRATING HEALTH INFORMATION TECHNOLOGY WEEK!

This week we celebrated Health Information Technology Week at NCHC! Our IMS (Information Management Services) team provides support and assistance navigating through our applications and technology.

Below is a look at some of our recent projects:

- UltiPro HR and Payroll (upcoming)
- UltiPro Learning Module (upcoming)
- SafetyZone Occurrence Reporting go-live
- Zero Suicide form changes in TIER
- ASAM form development for TIER in process
- MatrixCare EHR implementation at MVCC
- Meal Tracker implementation for Dietary Services
- New Behavioral Health EHR system replacement Phase I
- Birth to 3 transition to Marathon County Official Education
- Server upgrades for Abila and TIER
- TIER Manager Console training
- QS1 Upgrade
- Data Warehouse in process



Spe-

Meet the Team!

Thomas Boutain, Jennifer Anklam, Lisa Murkowski, Ashley Downing, Kristin Schlei, Todd Shnowske, Lori Feck, Benjamin Fischer, Chue Xiong,



A NOTE OF THANKS FROM THE MARATHON COUNTY HEALTH DEPARTMENT

From Joan Theurer

I am extending "kudos" to the staff at North Central Health Care for partnering with Marathon County Health Department in the Mass Flu Clinic Functional Exercise held today. We met and exceed our objective; to vaccinate 100 people within 90 minutes – our total was 104 NCHC and 23 MCHD employees. In addition, nursing staff from North Central Health Care and the Health Department experienced working together under an Incident Command System structure.

The partnership enabled us as a health department to practice carrying out a mass clinic that involved more than 100 people. This is critical practice, given the majority of our staff have been hired since we've conducted mass clinics in response to H1N1 in 2009-2010.

Kudos goes out to NCHC employees who,

- Contributed to our planning: Renee Erickson, Tim Holzem, Chris Bleck, Melissa Diers-Sarasin
- Provided screening/education and vaccinations: Renee Erickson, Linda Handrick, Connie Gliniecki, Deanna Johnson
- Staff communication – Jessica Meadows
- Employees who received a flu shot: 105 employees

We look forward to furthering our partnership into 2020!

In good health,

Joan



TO THESE BHS STAFF:

RN's: Kristi, Victoria, Alicia, Travis

BHT: Brandi and Trina

"I met with the Northcentral Technical College RN clinical students this week that finished up their clinical rotation in the Inpatient Hospital and all were impressed with their experience they had here."

– Submitted by Brad Beranek, Human Resources

Give someone a big shout out and thank them for their Person-Centered Service!

Send your SHOUT OUTS to jmeadows@norcen.org.

Wear Your Fav Sports Team Apparel Monthly!
 Pay \$3 Per Month and You Can Wear Sports Apparel **Every 2nd Wednesday of the Month** Through December! Pay in Advance or Monthly!

Jeans/Sports Wear Day

Coming Oct. 9 AND Every 2nd Wednesday of the Month Until Dec.



\$3 Donation to Wear Your Favorite Sports Team Apparel*

Pay & Pick Up A **Casual for United Way Sticker** from Any United Way Member or at these Locations: Volunteer Services, MVCC Information Station, Cafeteria, Cashier's Office, Merrill & Antigo Centers

*Sports Apparel must adhere to NCHC Dress Code Policy. No hoodies or sleeveless shirts please.

All Proceeds Benefit Our Local United Way

PLANNING ON TRAVELING?
 Tips from Our Purchasing Experts

Thanks to Kelly Henke-Kaiser for this great tip on travel. As Kelly makes reservations, books flights and gets things aligned for travel for our employees, she wants you to be aware of these new requirements for travel. Thinking of vacationing? Think ahead! Thank you Kelly!

New Federal I.D. Requirements
 Beginning October 1, 2020, you will need a REAL ID or driver's license. In an effort to thwart terrorism in travel a law was passed in 2005 to take steps to verify travelers' identity. What does that mean? If you might fly within the U.S., visit a military base or other federal building, the Department of Homeland Security will require identification that is REAL ID compliant (or show another acceptable form of identification, such as a passport). If you have a new driver's license and it does not have a star in the upper right corner, it is not REAL compliant. I recently obtained mine and the DMV is very particular as to the documents you present. You need a CERTIFIED copy of your birth certificate, marriage license(s) and divorce document(s). If you need to obtain these there is a cost from \$10-\$25 per copy. Go to the State of Wisconsin DMV website for details.

HALLOWEEN CANDY DONATIONS WANTED!
 Can You Donate?

Halloween is quickly approaching, and the Activities Department is in need of small wrapped candies for our safe trick-or-treating taking place on Thursday, October 31 from 3:00 to 4:30pm.

Candy donations can be dropped off in the Mount View Care Center Information Station or 1st Floor Activity Office. Questions can be directed to Sandy at ext. 4305. We thank you for your donations!



TRICK-OR-TREATING AT MOUNT VIEW CARE CENTER

Thursday, October 31, 2018
3 – 4:30 pm
Open to Public!



HEALTHSTREAM CHANGES
 News from Organizational Development



Organizational Development (OD) is pleased to announce that effective October 2019, we will implement a new Learning Management System (LMS), replacing HealthStream with UltiPro Learning for all staff.

The capabilities and enhancements of UltiPro Learning exceed those we have with HealthStream, and integrates with the new Human Resources and payroll system being implemented at the same time.

Over the next month, we will be working to download and print transcripts from HealthStream of completed modules and assignments of all staff to retain on file. As of September 20, 2019, HealthStream modules, checklists and rosters must be completed. At that time, the HealthStream icon and link to the site will be removed from all NCHC staff computers. The UltiPro Learning icon will be added when the program goes live.

Face-to-face and online training of the new Learning Management System will be provided.

Stay tuned for ongoing updates and deadlines regarding this change throughout the next month. This information will be conveyed through the weekly NYCU, via email and communication with supervisors and managers.



SUICIDE PREVENTION WALK IN WAUSAU Thank You for Your Support

Over 400 participants gathered for the Out of the Darkness Walk in Wausau earlier this month. The event was organized by Prevent Suicide Marathon County and the American Foundation for Suicide Prevention. With support from the North Central Health Foundation and NCHC, the walk provides support for those who have lost a loved one by suicide. Resources were available to help connect people with information and NCHC gave away over 250 dog dishes to attendees with pets! Thank you to our partners at QRG who helped sponsor the dishes. Thank you to all those who attended, donated and supported the walk! A special thanks to Faye Bileddo in Food Services for her passion, support and time she personally spends making sure this walk is a success!



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WAUSAU CAMPUS PARKING LOT NOTICES Effective 9/20/19

We know that as we move full steam into our renovation project on the Wausau Campus, it is necessary for us to continually assess our day to day operations for efficiency and also ensure that those we serve, our employees and visitors have a positive experience. We have received varying feedback regarding parking in the Wausau Campus over the last few weeks. Because of your feedback, we are making a few parking changes to try to alleviate full lots and make sure everyone gets to where they need to be in a timely manner. Please share with employees on your team.

NCHC Employee Parking Changes Effective 9/20/19

Physicians and Management staff only may park in the yellow flag parking lot in the farthest row from the main entrance. Many of these staff have varying hours, and frequently leave the Campus and this will free up spaces in the rear parking lot area.

All other employees will continue to park in the rear parking area nearest to Lake View Professional Plaza, or in the rear rows of MVCC purple flag lot.

Please avoid parking in the Health Department lot and walking to the front or side of the building if you do not have badge access by the Health Dept. This takes up spaces for the many traveling nurses in the Health Department who load and unload medical equipment frequently throughout the day.

Please do not bring trailers, boats and any pull-behind equipment with you to work.

We will continue to assess parking as we enter the change of seasons, knowing that it will be challenging as snow begins to fall. Stay tuned! Check your email and Communication Boards for detailed Maps.

Tobacco, Smoking and E-Cigarette Use Reminder

Additionally, we would like to remind staff that the NCHC Tobacco Use Policy prohibits smoking, tobacco and electronic cigarettes at all NCHC facilities, including parking lots, walking trails and natural spaces. Staff are allowed to smoke within their vehicles, and are required to extinguish those materials within their vehicle also, and not on the ground in our parking areas. We appreciate your attention on this matter as we help our grounds staff in all three counties keep our facilities looking clean and beautiful. The full policy can be reviewed in My Policies by searching for Tobacco Use.

FOOD DELIVERED TO NCHC FACILITIES

Be Sure to Communicate Where Delivery Drivers Should Go

Many employees at all our locations order food which is delivered to our NCHC facilities. Recently, frustrations have been higher with those food delivery drivers as they just don't know where to go! Let's face it, we have some large facilities and



construction which can lead to confusion. To ease their troubles and also to ensure you get your food, please be sure to give food delivery drivers appropriate instructions with which entrance they need to arrive at. Our entrances, specifically on the Wausau Campus, have flags and also door numbers. Use these to your advantage and meet your delivery drivers at the entrances to pick up your food. It also takes NCHC staff resources in our Switchboard and Patient Access areas to try to locate you when a delivery driver gets here, when they could be helping clients, patients, residents and visitors.

Thank you for your attention on this. These little things help make everyone's day go smoothly!



“Recovery coaching is a really organic way for individuals who are in recovery to be able to connect to other people who maybe have some lived experience with substance abuse and the effects of substance abuse.”

– Dan Shine, NCHC Recovery Coach Supervisor



FORGING PARTNERSHIPS & RECOVERY OPPORTUNITIES

Recovery Coaching

This week, NCHC staff and Recovery Coaches took part in an interview with Naomi Kowles from WSAW TV 7 to discuss Recovery Coaching. This partnership forged from a passion to help those in our community in recovery has been in the works for quite some time, and includes support from several partners in our community. Recovery Coaches were recently hired and will report to supervisor Daniel Shine in Lakeside Recovery. NCHC’s partnership with AmeriCorps RecoveryCorp, Marshfield Clinic and Aspirus fosters an evidence-based approach to recovery from substance use. Recovery coaches have a lived experience and while in their own recovery, are helping those in our community find support and connections. Thank you to Amanda, Mike, Stephanie and Daniel for taking time to meet with Naomi. This is great work and we are so proud and excited to welcome you all to our team at NCHC! You can find the full interview here at

<http://bit.ly/NCHCRecoveryCoach>



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Marshfield Clinic
HEALTH SYSTEM

ASPIRUS
Passion for excellence. Compassion for people.



NEWS, UPDATES, LINKS,
STORIES, PHOTOS,
VIDEOS!

GET SOCIAL!
#IamNCHC



COMMUNITY FEST 2019

NCHC Receives Award for Best Kid's Activity

What's fun, free, kid focused and also fights hunger? United Way's Community Fest! Held last weekend, this annual event combines kids' activities and crafts, opportunities to explore big equipment and tractors, hay wagon rides and the United We Can food sculpture competition. All food and cash donations were distributed to area pantries by the Marathon County Hunger Coalition.

NCHC's two booths were created from the support of our NCHC employees and the great United Way Committee. The team spent many hours putting together the "All Star Game" which had a full team of football player canned goods, including referees, players and goal posts. There was also a kid's activity booth that combined fun, sports and information about hunger. Kids got to participate in the obstacle training course which had them jumping over football training gear, crawling through tunnels and aiming at a target with a ball. When they finished, they got to write their name on the "Wall of Fame." Not only did hundreds of kids participate in the Training Course, NCHC was awarded Best Kid's Activity for 2019!

Great job team! Thank you for all your support this year in our United Way activities and fund raisers! You are filling food pantries across our communities!





tidbits on benefits

WELLNESS CORNER

By Sherry Gatewood, PA

What You Need to Know About the Flu Shot

If you have not chosen to get your flu shot this year because you are concerned that it will make you sick, here is some information from the Centers for Disease Control and Prevention. There is proof that it does not make you sick with the flu.



Sherry Gatewood

According to the Centers for Disease Control and Prevention (CDC) the Flu Vaccine injection does not make you get the Flu. The injection that is given contains a weaker killed virus of the Influenza virus in order for you to make antibodies. Antibodies are chemicals in the blood that protects you from infections. They are developed when you are exposed to something that the body sees as foreign. It makes these antibodies that develop a memory of the invader the next time it is seen. Then the Antibodies attack it so that you don't get as sick or you may not get sick at all when exposed.

Why do some people not feel well after getting the seasonal flu vaccine?

Some people report having mild reactions to flu vaccination. The most common side effects from flu shots are soreness, redness, tenderness or swelling where the shot was given. Low-grade fever, headache and muscle aches also may occur. If these reactions occur, they usually begin soon after the shot and last 1-2 days. In randomized, blinded studies, where some people get inactivated flu shots and others get salt-water shots, the only differences in symptoms was increased soreness in the arm and

redness at the injection site among people who got the flu shot. There were no differences in terms of body aches, fever, cough, runny nose or sore throat.

Side effects from the nasal spray flu vaccine (which is the live virus of influenza) may include: runny nose, wheezing, headache, vomiting, muscle aches, fever, sore throat and cough. If these problems occur, they usually begin soon after vaccination and are mild and short-lived. The most common reactions people have to flu vaccines are considerably less severe than the symptoms caused by actual flu illness.

What about people who get a seasonal flu vaccine and still get sick with flu symptoms?

There are several reasons why someone might get flu symptoms even after they have been vaccinated against flu.

One reason is that some people can become ill from other respiratory viruses besides flu such as rhinoviruses, which are associated with the common cold, cause symptoms similar to flu and also spread and cause illness during the flu season. The flu vaccine only protects against influenza, not other illnesses.

Another explanation is that it is possible to be exposed to influenza viruses, which cause the flu shortly before getting vaccinated or during the two-week period after vaccination that it takes the body to develop immune protection. This exposure may result in a person becoming ill with flu before protection from the vaccine takes effect. This is another good reason to get the vaccine before the flu season starts.

A third reason why some people may experience flu like symptoms despite getting vaccinated is that they may have been exposed to a flu virus

that is very different from the viruses the vaccine is designed to protect against. The ability of a flu vaccine to protect a person depends on the similarity or "match" between the viruses selected to make the vaccine and those spreading and causing illness. There are many different flu viruses that spread and cause illness among people.

The final explanation for experiencing flu symptoms after vaccination is that the flu vaccine can vary in how well it works and some people who get vaccinated may still get sick.

But in the long run, those who are given the flu vaccine do not get as sick or remain sick as long as those who do not get the vaccine.

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



ALL EMPLOYEES HAVE UNTIL NOV. 1 TO GET THEIR FLU SHOT!



Turn to next page for all your Employee Flu Shot Requirement information!



2019 INFLUENZA VACCINATIONS REQUIREMENTS BY ALL NCHC STAFF

Did YOU Get Your Flu Shot Yet?

- All NCHC employees are required to complete the Annual Employee Health Questionnaire and receive an Influenza Vaccination by November 1st, 2019
- The forms will be sent to you via email are fillable. Please complete and print off both before receiving influenza vaccine. The Vaccine Information Sheet (VIS) is for your information only and does not need to be printed.
- Employees that DO NOT complete, by November 1st 2019 are to be removed from the schedule until both items have been completed and this can also affect your Performance Evaluation Merit Increase.
- Employees that are unable to receive the vaccination due to exemptions, please contact Renee Erickson during her flu shot office hours. (Please see below)
- If your program is listed below, please see the designated person for your flu shot.
 - ADS/Pre-Voc./Group Homes Jenni Kessen, RN
 - BHS/Crisis/MMT..... Kathy Buckli and John Ward
 - Community Treatment/Outpatient Services Linda Handrick, Nurse Manager
 - Nursing Home (MVCC) Amiee Muraski, RN
Cheryl Rye, Nurse Manager
Deanna Johnson, PM Supervisor
Natasha Sayles, Nurse Manager
- Employees that have received the influenza vaccination from another provider MUST PROVIDE documentation. The Employee Health Questionnaire will still need to be completed and returned to either, Renee Erickson, Employee Health Nurse or your Program Manager



ALL EMPLOYEES HAVE UNTIL NOV. 1 TO GET THEIR FLU SHOT!



Renee Erickson,
Employee Health Nurse



Get vaccinated

Influenza or "flu" can cause serious illness. Vaccination is the best way to protect yourself and your family.



Cover your cough or sneeze

Cover your mouth and nose with your sleeve or a tissue when you cough or sneeze. Toss your used tissue in the waste basket and wash your hands.



Wash your hands

Wash your hands often with soap and water or use an alcohol-based hand cleaner.

Fight the Flu

It starts with you



Avoid touching your eyes, nose, and mouth

If you touch surfaces with the flu virus, you can get the flu by touching your eyes, nose, or mouth.



Stay home if you are sick

Flu viruses go wherever you go when you are infected. Stay at home and check with your healthcare provider when needed.

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RENEE'S FLU SHOT OFFICE HOURS

Monday, Sept. 30	11am to 1pm, 2pm to 4pm
Tuesday, October 1st	10am to 11am, 2pm to 4pm
Wednesday, October 2nd	1pm to 3pm
Thursday, October 3rd	8:30am to 10:30am, 3pm to 4pm
Friday, October 4th	10am to 12pm, 1pm to 3pm





HRinsights



Position Posting

Title: Care Coordinator **Status:** Full Time

Location: Residential Services

<http://bit.ly/NCHCCareCoordinator>

The Residential Care Coordinator is a para-professional position with responsibility for the general operation within a group home and/or supported apartment setting. Primary duties are to promote a supportive, family-like environment, provide supervision of Residential Care staff, Coordination of resident health care and monitoring and scheduling of systems as required to meet accreditation and state and fed regulatory requirements.

Education and Experience Requirements

- Ability to communicate effectively
- Valid Wisconsin driver's license and appropriate auto insurance coverage as required by North Central Health Care.
- Must have the use of a personal vehicle.

Preferred

- Current Certified Nursing Assistant certificate from the Wisconsin Nurse Aides Registry
- One to three years' experience in the human services field.

Position Posting

Title: Group Home Manager **Status:** Full Time

Location: Residential Services

<http://bit.ly/NCHCGroupHomeMgr>

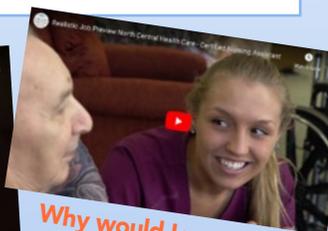
This is professional work with administrative responsibility and supervision of direct care of persons with developmental disabilities and/or chronic mental illness living in community residences and the employees working there. It is the responsibility of this position to coordinate the general operation of the home and to ensure that all health, safety, and sanitation standards are met within the homes.

Education and Experience Requirements

- Associate degree or certification in health care field earned at an accredited school.
- One to three years relevant experience
- Valid Wisconsin driver's license and appropriate auto insurance coverage as required by North Central Health Care.
- Must have the use of a personal vehicle.

Preferred

- Three to five years relevant experience



What's it like to work in Food Services?

What does a Dietary Aide do?

Find out with a realistic job preview of some amazing opportunities at NCHC!

www.norcen.org/RJP



REALISTIC JOB PREVIEW

Community Treatment Employment Specialist Video Shoot

Thank you to Stephanie Jewell and Chrissy Seidler for their work on the Realistic Job Preview for Community Treatment Employment Specialist position. Also a big thank you to the teams in the Merrill and Antigo Centers for their efforts to help out with the video. Earlier this week, our Marketing Team spent two days up in Merrill working on the Realistic Job Preview video for Employment Specialist. Very unique, this position took the video crew out and about in the community stopping at NTC in Wausau, a coffee shop and boutique, the library, a brewery, a farm and back to the NCHC Merrill Center. Community partners and personal contact go hand and hand with this position. The video will come out in October! Thank you for all your great work!



Wisconsin Deferred Compensation (WDC) Program Offered By Your Employer, North Central Health Care Facility



Helping You Turn
Over a New
Retirement Leaf

Meet with your WDC Advisor, Shawn Bresnahan

The Wisconsin Deferred Compensation (WDC) Program is a powerful tool to help you reach your retirement goals. Join a WDC Retirement Plan Advisor at an upcoming meeting.

If You're Just Starting to Save ... and need to enroll in the WDC, go to www.wdc457.org and click REGISTER or click [here](#). Use the Plan Number **98971-01** and the Plan Enrollment Code **UoNeJ3pb** expiration date 10/1/2019.

If You've Been Saving for a While ... you may want to review your income projections, savings rate and investment strategy. For a portfolio review, meet with your local Retirement Plan Advisor or call **(877) 457-9327**.

If Retirement Is Just Around the Corner ... we are here to assist you in making a smooth transition to retirement. Remember, when you stay informed and engaged, you can make your WDC account a more powerful retirement planning tool. Watch for pre-retirement group meetings near you!

Have an appointment and want a retirement strategy designed just for you? The more information you share with us, the more personalized your experience can be. Please bring the following to your appointment:

- ✓ Current Wisconsin Retirement System (WRS) statement
- ✓ Social Security statement
- ✓ Other retirement account statements
- ✓ Current paycheck stub
- ✓ WDC username, password and PIN (if known)

Please bring all of the above information for your spouse/ partner (if applicable).

To sign up for an individual or group meeting, please click [here](#). If none of the listed meeting times work for your schedule, please look for additional meetings on other dates and/or other locations by clicking [here](#).

Changing your payroll contribution or updating your beneficiary is easy!

Log in at www.wdc457.org or call the WDC Service Center at **(877) 457-9327**. Do you have questions about Wisconsin Retirement System (pension)? Please call WRS directly at **(877) 533-5020**.

WDC Program Meeting Schedule

Date	Time	Topic	Location
Wednesday, November 6, 2019	11:00 am – 1:30 pm	Account Review Sessions	North Central Health Care Facility 1100 Lake View Drive Badger Room Wausau, WI 54403
Go to www.wdc457.org to schedule your appointment.			

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WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm

A Cashier is on duty from 9:00am – 10:00am , 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option Monday – Friday.

All hot sandwiches, hot foods and cold bar items are \$.35/ounce.

Soup: \$1.50 Cup / \$2.25 Bowl



SEPTEMBER 30 – OCTOBER 4, 2019

MON 9/30Chicken Noodle Soup

Baked Potato Bar

Vegetable Lasagna

Carrots
Garlic Bread
Ice Cream

TUES 10/1.....Potato Soup

Egg Rolls with Sweet & Sour Sauce

Beef Tips with Peppers & Onions

Broccoli
Mashed Potatoes
Frosted Orange Cake

WED 10/2Minestrone Soup

Chicken Bacon Flat bread Pizza

Country Fried Steak

Savory Spinach
Baked Potato
Apple Crisp

THUR 10/3.....Turkey Dumpling Soup

Baked Turkey Berry Wrap

Baked Polish Sausage

Vegetable Blend
Scalloped Potatoes
Coconut Cream Pie

FRI 10/4.....Split Pea Soup

Taco Bar

Parmesan Baked Fish

Scalloped Tomatoes
O'brien Potatoes
Lemon Bar



Marathon County
Employees Credit Union

Just in Time for Fall!



Open a new credit card between 10/1/2019 and 11/30/2019 and receive a special introductory rate of 1.99% APR* until 5/31/2020 on purchases and balance transfers.

Accounts opened between 10/1/19 and 11/30/19 will receive 1.99% introductory APR* until 5/31/2020. After promotional time frame expires, remaining balance will migrate to standard APR applicable on your account.
*APR = Annual Percentage Rate

Contact Us Today for Details!

Peter.Wolf@co.marathon.wi.us
715-261-7685 • 400 East Thomas Street • Wausau, WI 54403

REMINDER: REMEMBER TO PAY FOR YOUR COFFEE

Boxes are available in the Mount View Care Center Dining Rooms and the Wausau Campus Cafeteria for staff to pay for coffee. Coffee offered in these locations is not free. Food Services has seen a drastic reduction in payments for coffee, however no reduction in consumption of coffee at these locations. Thank you for your attention and for paying for your morning Cup-a-Jo!

